

PEOPLE AND PLACES



COURTESY PHOTO

A hospital worker shows off their donated meal.

In order to continue this project through the crisis, Hearts of Empowerment has set a goal to raise \$10,000 and visit a new hospital every week. Although many people are unable to assist hospitals they can provide high-quality, ready-to-eat meals and funding for additional resources for local hospitals. The hospital staff have been thankful for the meals they have received from efforts throughout the community.

Given the success of the nonprofits' initial efforts, this is an on-going project and more help is still needed. GoFundMe offers easy access to those who intend on helping from a distance. The link can be found here or on any of the social media pages and individual websites. If any neighborhood or organization would like to partner to establish additional food donation teams and pickups, please email [contact@heartsofempowerment.org](mailto:contact@heartsofempowerment.org)

**Local Organizations Team Up to Support Medical Staff Amid COVID-19 Crisis**

Hearts of Empowerment and the P.U.S.O. Foundation have partnered with Chase Mackey and Mighty Meals to deliver meals to medical staff in the DMV area.

Since beginning the partnership in late March, the nonprofits have raised \$4,196 in donations through GoFundMe and have delivered more than 200 meals.

Meal distributor Mighty Meals, approached The P.U.S.O. Foundation and Hearts of Empowerment to support hospital staff as they wanted to show appreciation for the hospital staff who are working to repair and restore the community.

**Chantilly Boy Scout Troop Hatches 200 Eagle Scouts in 34 Years**

Fairfax County's Troop 160 awarded **Ryan Tully** of Chantilly the rank of Eagle Scout March 11.

He is the 200th Scout to reach the rank of Eagle Scout in the troop's 34-year history.

The event was held at the troop's regular weekly meeting at Franklin Middle School in Chantilly. The Troop has been sponsored by the Franklin Middle School PTA since 1986.

Currently, Troop 160 has 104 scouts. It is one of 652 Boy Scout troops in the National Capital Area.

"We don't know how many other troops in the National Capital Area or across the country have reached the milestone of 200 Eagle Scouts, but it's not a lot," says John Wolsborn, Troop 160 committee chair and adult leader. "We spend a great deal of time on both fun and high adventure activities. But we're always focused on achievement in the troop. We try to do all we can to help scouts become Eagles. We're equally proud of Ryan and the 199 scouts who came before him."

To commemorate this milestone, Troop 160's first Eagle Scout, Chip Free, attended the event and spoke to attendees about his experiences as a member of the troop and earning the rank of Eagle. Free earned his Eagle Scout award in 1987 and is now a Scoutmaster of Troop 503 in Mechanicsville.

"I was honored to participate in Ryan's Eagle review and ceremony," said Free. "It was great to see how active and robust the troop is, as they continue to guide boys on the path to becoming Eagle Scouts."

Also in attendance were a large number of current and former scoutmasters, as well as a number of other Eagle Scout alumni.

Over 34 years, Troop 160 scouts have led a wide variety of Eagle project efforts, including: construction/building projects for numerous area schools, churches and other community organizations; food, blood and other drives for food banks, homeless shelters; as well as other types of community service projects.

Tully's Eagle Scout project in 2019 was building a long wooden walkway through marshland for the Bluebell Trail at Manassas Regional Park. Free's Eagle project in 1987 was building an outdoor classroom for Franklin Middle School.

"I am proud to see the outstanding 34-year legacy of Troop 160 continuing from its first Eagle Scout in 1987 to the Troop's 200th Eagle Scout in 2020," said District Scout Executive Todd Bolick. "This troop and the Franklin Middle School PTA have assisted their community by providing the scouting program for generations. Here's to seeing the next generation of Eagle Scouts continuing that legacy and providing countless hours of service and leadership."

**Schroeder Design/Build Wins Best of Houzz Design**

Schroeder Design/Build, Inc. was honored recently to receive the 2020 Best of Houzz Design award.

Best of Houzz Design celebrates home professionals who work was most popular among Houzz users in the past year. This means photos of our work

garnered the most user engagement and ideabook saves, among other things.

According to Houzz, the annual Best of Houzz awards recognize the top-rated home pros and most popular designs on Houzz, by category and area, across the country and around the world. Winners are announced annually, chosen by the Houzz community of millions of homeowners.

As a result of winning this award, Houzz automatically posted the Best of Houzz badge onto the Schroeder Design/Build Houzz page. Schroeder was also awarded the Best of Houzz Service award in 2019, and the Design and Service awards in 2018.

**Gift Cards for a Cause**

McLean-based **Gannett**, owner of USA TODAY, launched a website: <https://tinyurl.com/ukgvxhc>, to help local small businesses hit hard by coronavirus crisis.

Users can select local businesses in their community to support by buying gift cards for use in the future. Visitors and business owners can also add local businesses to the platform, according to USA Today.

**Amazon Donates to Local Community Foundations to Fight COVID-19**

Amazon donated \$1 million to the four largest community foundations serving residents in the HQ2 area in response to the impact of COVID-19: the Community Foundation for Northern Virginia, ACT for Alexandria, Arlington Community Foundation and Greater Washington Community Foundation, according to a March 18 announcement.

"They (Amazon) reached out to us and the three other community foundations in our region... a \$1 million grant to the four... we were immensely, immensely grateful," said Eileen

M. Ellsworth, president and CEO of The Community Foundation for Northern Virginia, an organization that serves residents in Fairfax, Arlington, Loudoun and Prince William Counties, and the Cities of Alexandria, Fairfax, Falls Church, Manassas and Manassas Park.

"The Washington, D.C. area is our new home, and we must rally together to support our neighbors during this difficult time for our region and around the world," said Jay Carney, Senior Vice President, Global Corporate Affairs of Amazon in The Amazon blog dayone. The donation kick started collaborative emergency COVID-19 response funds to support vulnerable populations impacted by the coronavirus outbreak."

**Park Authority Solicits Comments on Pohick Stream Valley Trail Improvement Funding**

The Fairfax County Park Authority (FCPA) plans to construct approximately 2,200 linear feet of eight-foot wide asphalt trail as the next segment of the Pohick Stream Valley Trail.

The project will connect the existing trail network within Burke Station Park to Hillside Road near Old Keene Mill Road and provide increased access to recreational facilities within Burke Station Park and the Virginia Railway Express Rolling Road station. The project is identified in the Countywide Trail Plan in the Transportation section of the Fairfax County Comprehensive Plan, and shall be designed and constructed to Americans with Disabilities Act (ADA), Manual on Uniform Traffic Control Devices (MUTCD), and Fairfax County Public Facilities Manual (PFM) standards. It will serve both pedestrians and cyclists and create approximately two miles of fully accessible continuous stream valley trail from Burke Lake Parkway to Hillside Avenue for persons of all abilities.

The trail will be constructed on FCPA property and extend through the floodplain on the northern side of Pohick Creek. Minor impacts to wetlands and waters of the U.S. are anticipated as part of the proposed trail construction, including crossing an unnamed tributary with a fiberglass bridge, and all required Section 404/401 Permits will be obtained prior to construction. Confirmation of the trail construction as a permitted use within the FEMA-regulated floodplain has been obtained for the project. No cumulative and/or indirect impacts associated with the project have been identified.

The Fairfax County Park Authority has applied for federal funding assistance from the Recreational Trails Program (RTP) of the Federal Highway Administration (FHWA), which is administered by the Virginia Department of Conservation and Recreation (DCR). Detailed project information, including plans and environmental analysis documentation pertinent to compliance with the National Environmental Policy Act (NEPA), is available for review at the project website or in hardcopy from the Fairfax County Park Authority in the Herrity Building, 12055 Government Center Parkway, Suite 421, Fairfax, VA 22035. Interested individuals and organizations are encouraged to submit written comments on this application.

The public comment period for this application will close on April 19, and all comments must be received by this date in order to be included in the official public record that will be sent to the Virginia Department of Conservation and Recreation. Comments can be emailed to: [Parkmail@fairfaxcounty.gov](mailto:Parkmail@fairfaxcounty.gov). Written comments should be directed to Amy Linderman, Planning & Development Division, Fairfax County Park Authority, 12055 Government Center Parkway, Suite 421, Fairfax, VA 22035. For more information, contact Amy Linderman, FCPA Project Manager, at 703-324-8629.

**Support Students in Need While Schools Are Closed**

These are extraordinary times. We are all wondering "How Can I Help?"

The Foundation for FCPS has established the "Access for All Fund" to provide support to the most vulnerable students and their families as we navigate through this crisis.

Schools are closed until the end of the year, and FCPS is moving to Distance Learning.

Funds raised at the Foundation will go to provide ACCESS for the nearly 60,000 students who live in poverty.

These students need access to technology, school supplies, and connectivity, as well as nutrition.

Please help the Foundation provide these items to students in need so they can continue to be connected to their classrooms and

learning environments.

Please visit <https://tinyurl.com/rtrtc8v> to direct your donation to "Access for All".

We are so grateful for your generosity as we work to support the ongoing education of our students during this unprecedented crisis.

FCPS is providing Grab & Go meals for students at many sites around the county. For information on meal distribution and organizations that are helping with food insecurity, please visit the FCPS website.

Also, from now until June 30, the Foundation for FCPS will benefit from Whole Foods' Nickels for Non-Profits program. Every time you re-use a bag at the stores below, Whole Foods will donate a nickel to the Foundation. The goal of the program is to reduce the use of new bags, while increasing funding for a local non-profit.

Participating stores are Fair Lakes, McLean, Springfield, Tysons Corner and Vienna.

**Local Student Awarded LaGrange College Scholarship**

Local high school senior **Judson Ward** of Herndon recently participated in LaGrange College's Presidential Scholar Weekend competition and earned thousands of dollars in scholarship awards.

At the competition, students were judged on their performance in group discussions, written essays and individual interviews. Students offered scholarships can utilize the awards in the fall of 2020, and the scholarships are renewable for the following three years.

**Local Organizations Team Up to Help Feed Others**

Fairfax-based Food for Others is one of the largest distributors of free groceries in Northern Virginia and is anticipating increased demand for food, as a result of the Coronavirus outbreak.

Springfield-based Interstate Moving is assisting Food for Others with food transportation. To find out how an individual or company can help support our neighbors visit [foodforothers.org](http://foodforothers.org).

Fairfax-based Custom Ink is

partnering with Feeding America to get essential supplies to communities and people facing hunger in this time of uncertainty. Custom Ink's artists have created three social distancing message designs on a variety of products, including t-shirts and totes. Custom Ink will donate 10 percent of the purchase price (excluding taxes and shipping fees) to Feeding America. Find out more by visiting <https://tinyurl.com/wagmpvm>.

**Stay Active Indoors with Livestreamed Exercise Programs**

While Park Authority RECenters are temporarily closed, you can stay active and reduce stress by exercising at home.

Try "Everyday Tai Chi" or choose from four "Everyday Yoga" classes. They can be livestreamed on Channel 16 television at the air times listed below or viewed online by clicking on the links.

"Everyday Yoga: Movement for Life" is a series of four half-hour demonstration programs brought to you from Park Authority sites and senior centers all around Fairfax County. The four instructors have special experience teaching yoga to mature adults and provide viewers with daily routines to build energy, strength, flexibility and balance. Class members represent a wide variety of abilities and show seated modifications for all exercises. Programs become progressively more challenging throughout the week - from Level 1 through 4. Each program begins with a breathing exercise to increase lung capacity and improve posture and ends with meditation to reduce stress and increase awareness in the body.

**Everyday Tai Chi** (Airs Sundays at 10 a.m. and 4:30 p.m., Mondays at 7 a.m. and Saturdays at 10 a.m. and 4:30 p.m.)

**Everyday Yoga: Movement for Life - Level 1** (Mondays at 10 a.m. and 4:30 p.m.)

**Everyday Yoga: Movement for Life - Level 2** (Tuesdays and Wednesdays at 10 a.m. and 4:30 p.m. and Wednesdays at 8 a.m.)

**Everyday Yoga: Level 3** (Thursdays at 10 a.m. and 4:30 p.m.)

**Everyday Yoga: Level 4** (Fridays at 10 a.m. and 4:30 p.m.)

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**Obituaries**

*In Loving Memory*  
**Kathleen Keitt**



Kathleen was the third eldest of seven daughters born to Anna Wilhelmina Johnson of Sweden and Leonard Tilley MacDonald of Scotland who, after marrying, settled in Carnduff Saskatchewan.

Kathleen, known as "Kitten", was fond of Saskatchewan and loved to share stories of growing up there with her sisters who all laughed easily and were known for their gaiety and humor. Though they grew up during the dustbowl years of the Great Depression, none of the sisters remember this as hard times. They all took away great life lessons from this time, including good stewardship of monies and property, kindness and generosity to others, and ingenuity.

Kathy worked in Washington as an Accountant for the Canadian Embassy where she met and married Thomas Wadlington Keitt, who became a Colonel in the US Army. The couple was stationed overseas and enjoyed a three-year long honeymoon in Japan where Kathy learned the art of Ikebana, calligraphy, painting, and cooking. After the war, they settled in Fairfax, Virginia, where Kathy met friends for bowling, participated actively in the Fairfax Garden Club, and joined friends for weekly rounds of golf at the Army and Navy Country Club.

Kathleen MacDonald Keitt died peacefully at the age of 98 in Fairfax, Virginia. She is survived by one sister and family in British Columbia, New Jersey, and South Carolina.

Her family remembers her dearly for her cheerful, playful spirit, her wonderful tours of Washington, fabulous cooking, and the generous love she had for us and everyone she came to know.

Born December 28, 1921 | At rest March 21, 2020

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