

HEARTS OF EMPOWERMENT

LOVE. EMPOWER. CREATE CHANGE

HEARTS OF



EMPOWERMENT

SPRING
EDITION

A photograph of the Washington Monument in Washington, D.C., taken at sunset. The monument is the central focus, standing tall against a sky with soft orange and blue hues. The reflecting pool in the foreground shows a clear reflection of the monument and the sky. The surrounding area is filled with green trees and a paved plaza where a few people can be seen in the distance.

**A BIRTHDAY TO
REMEMBER**

**WAWA
SUPPORTS
HEARTS**

**THE KELLY
WRIGHT SHOW**

**AMAZON
SMILES**

**IRONMAN
CHALLENGE**

**EMPOWERING
OUR HEROES**

**WHAT'S
INSIDE?**



A Birthday To Remember

CHRISTIAN BENJAMIN X COVENANT HOUSE

On February 29th 2020, we celebrated our dear friend, Christian Benjamin's 38th birthday. Christian is a successful entrepreneur and is the founder of StoryMKTG, co-owner of Eighty5Cigars, and curator at the Love Art Brand. Christian's birthday wish this year was to raise money and bring presents to a non-profit organization he is extremely passionate about - Covenant House D.C.

Covenant House dedicates itself to transforming and saving homeless, runaway and trafficked young adults. Together, we were able to gather wish lists from the youth that reside at Covenant House and launch an online fundraising campaign. Christian

and Hearts of Empowerment raised enough money to purchase each child a gift from their wish list. Our team got to hang out with the youth at Covenant House, present them with their gifts and care packages from Project Hygiene!

All in all, we were able to raise a little over \$4000 that was used to purchase their desired gifts, cake, food and entertainment (which we donated to them afterwards). As a final token of gratitude, Hearts of Empowerment collected a list of supplies of which Covenant House is in need.. The youth were given new blankets, linens and pillows on our behalf. What an awesome day spent with even better people!



"The youth at Covenant House had a great day, and feel like someone cares about them. That's the best result."

-- Christian Benjamin

WAWA SUPPORTS HEARTS

By Editorial Team

We are glad to express our gratitude to Wawa for believing in the mission of Hearts of Empowerment. Our organization was recently awarded a grant from the Wawa Foundation in order to support our mission.

Founded in 2014, the Wawa Foundation aims to support nonprofit organizations who focus on Health, Hunger, and Heroes. Due to our past efforts The Wawa Foundation identified us as **Heroes** of our community and chose us among many applicants to be the recipients of such a great opportunity! We are very thankful for thier support.

Remember, a dollar to us is a fight for all causes!



THE KELLY WRIGHT SHOW

By Editorial Team

On March 6th 2020, CEO Correy Faciane, was invited to join Kelly Wright, on the Kelly Wright Show which was aired on live television.

"I got invited due to him witnessing our work first hand at the Christian Benjamin birthday party. He pulled me aside and asked how our charity came about and after that discussion I woke up to an email invitation to join the show." explained Correy.

I was expecting to get exposure for Hearts of Empowerment and gain clients/connections that would allow us to scale exponentially. To say Im excited is an understatement! We're partnering with Kelly Wright to host an event in the future and from this there will be a snowfall of influencers and celebrities looking to partner with us. The possibilities are endless and can lead us to scale at a crazy rate."



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Hello Everyone!

We are all familiar with Amazon, but did you know that you can support Hearts of Empowerment by making purchases through their AmazonSmile website? It is super easy to set up, and 0.5% of the cost of your purchases is donated to our organization.

The only commitment on your end is to continue using Amazon as you did before! Only now, as you shop for yourself and others, you can simultaneously give back to your favorite 501(c)(3), Hearts of Empowerment!

Spend the next 3 minutes linking your amazon account to support Hearts of Empowerment! Simply visit www.smile.amazon.com

Our efforts don't stop with you, we ask for you to share this with friends and family as well. Remember, a dollar to us is a fight for all causes!

www.Smile.Amazon.com

HEARTS OF



EMPOWERMENT

JOIN OUR TEAM!

APPLY TODAY!

We have many opportunities and exciting projects planned for the upcoming year that it's time for an expansion. We would love for you to be a part of our team. We are initially looking for individuals that have experience in **marketing, event marketing, digital marketing, web development, videography, and animation**, but are open to other positions based on your skill sets.

EMAIL US YOUR RESUME AT
CONTACT@HEARTSOFEMPOWERMENT.ORG



IRONMAN

Empowering Mario's Journey

On November 22nd 2020, Mario Mejia will be representing Hearts of Empowerment at the Ironman Triathlon. Taking place in Cozumel, Mexico, the Ironman is considered to be the most difficult single day event in the world.

After dealing with many adverse moments throughout his life, Mario has found new inspiration and a love for competitive running. This passion has led him to represent our organization in order to raise awareness and funding for our mission.

Donate Today

To learn about Mario and his journey towards Ironman visit our website at <https://heartsofempowerment.org/ironman>



CHASING GREATNESS

In addition to representing our organization, Mario seeks to honor his mother and father who have sacrificed so much for his family.



140.6 MILES IN ONE DAY

The Ironman Triathlon consist of a 2.4 miles swim, 112 miles bike, and 26.2 run! Through all of this Hearts of Empowerment will be there empowering his journey!



BECOMING A ROLE MODEL

Mario aspires to be a role model to youth, showing them that no matter what adversity you may face, keep running forward. Your dreams will come true.

EMPOWERING OUR HEROES

Local organizations come together amid the COVID-19 outbreak



We call on your support!

Feel free to share our efforts with all friends and family!

If you'd like to support our efforts visit our [GoFundMe!](https://www.gofundme.com/f/mightymeals)

<https://www.gofundme.com/f/mightymeals>

OUR RESPONSE TO COVID-19

Written by Editorial Team

Hearts of Empowerment and the P.U.S.O Foundation have partnered with Chase Mackey and Mighty Meals to deliver meals to medical staff in the DMV area. Since beginning the partnership in late March, the nonprofits have raised \$5,642 in donations through GoFundMe and have delivered over 200 meals. Meal distributor, Mighty Meals approached The P.U.S.O Foundation and Hearts of Empowerment to support hospital staff as they wanted to show appreciation for the hospital staff who are working to repair and restore the community.

In order to continue this project through the crisis, Hearts of Empowerment has set a goal to raise \$10,000 and visit a new hospital every week. The hospital staff have been thankful for the meals they have received from efforts throughout the community. These hand crafted and highly nutritional meals, delivered directly to the hospitals, enable the staff to perform to the best of their ability. We thank everyone who has supported our efforts to date!

FEEDING OUR FRONTLINE WORKERS

RECAP OF OUR VISITS TO DATE



GEORGE WASHINGTON UNIVERSITY HOSPITAL

Our first week started at George Washington University where we were able to provide 100 meals to the medical staff.

INOVA FAIRFAX HOSPITAL

Our efforts continued with another 100 meals to Fairfax Hospital. Due to the success of the GoFundMe we made it our goal to visit a new hospital every week.



SIBLEY HOSPITAL

This past Saturday, we were able to make our 3rd visit to Sibley Memorial Hospital. To date we have been able to raise \$6275 which will allow us continue our hospital visits through May!