

HEARTS OF EMPOWERMENT



**LOVE
EMPOWER
CREATE CHANGE**

MAY 2022 NEWSLETTER

WINTER WONDERLAND

WINTER RECAP



Hearts of Empowerment & The PUSO Foundation assisted our friends over at the Alexandria Residential Housing Authority. We had the pleasure of partnering with ARHA to host the annual Winter Wonderland toy drive that ensured children from the City of Alexandria would have gifts to open on Christmas.

Hearts of Empowerment and PUSO's team of volunteers distributed over 1000 holiday items to the ARHA residents. This is the second year both organizations have participated in this amazing Christmas event

We'd also like to thank MightyMeals for donating healthy meals to fuel our volunteers for the day!

www.heartsofempowerment.org

COUNTDOWN FOR A CAUSE



*We came back this year with our highly anticipated New Years Eve Gala, **Countdown For a Cause!** Alongside the PUSO Foundation, we were able to host our event at the Spire Rooftop Building in Washington D.C. The money raised from this event will help the PUSO Foundation's & Hearts of Empowerment 2022 community projects.*

It was incredible to gather together and bring in the New Year in style! We'd like to thank all attendees and sponsors for their continuous support!

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HOUSING UP

Valentines Day

It's a new year and we're back with our favorite community, Housing Up at Webster Gardens! We kicked off the year by celebrating Valentine's Day with the children and family of Webster Garden Apartments!



Community Fun

We had so much fun hosting a Spring Community Day together for the residents! We played games, ate pizza, and enjoyed each other's company as we rang in the warm season.

HEALTHWORKS DROP OFF

Recently Hearts of Empowerment was able to support a local organization in our community, HealthWorks Nonprofit Clinic. HealthWorks aims to provide affordable medical, dental and behavioral healthcare in our communities by being compassionate, culturally competent, and accessible to all.



Our organization was able to make a donation of over 3000 masks and gloves to their staffing as these items have become scarce in recent times. We are happy to continue playing a role and supporting various organizations in our community!

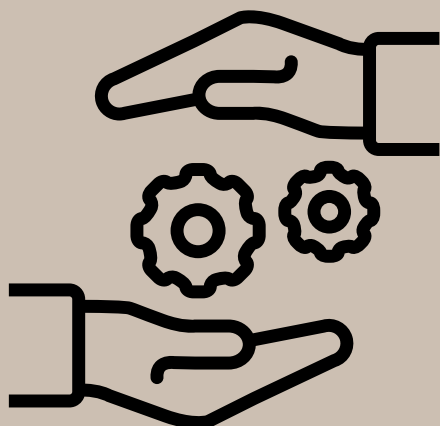
OUR IMPACT

HEARTS OF



EMPOWERMENT

**WE HAVE RAISED ABOUT
\$300,000 FOR CHARITIES TO
HELP CONTINUE THE
AMAZING WORK THAT THEY
DO.**



**HEARTS OF
EMPOWERMENT
HAS ESTABLISHED 30
PARTNERSHIPS
WITHIN MULTIPLE
INDUSTRIES.**

**OVER 200 VOLUNTEERS
HAVE BEEN RECRUITED
TO GIVE A HELPING
HAND TO THOSE IN
NEED.**



DONATE TODAY!