

# HEARTS OF EMPOWERMENT

## COCKTAIL & CIGAR NIGHT



## GYM DONATION



Hearts of Empowerment kickstarts high school athletic program!

## YOGA FUNDRAISER



Yoga fun with instructor Caren Plummer!

## HOUSING UP



Take a look at our summer projects with our favorite community partner!

## NEW EVENT – GOLF TOURNAMENT



Our Inaugural Tournament is coming this Spring!

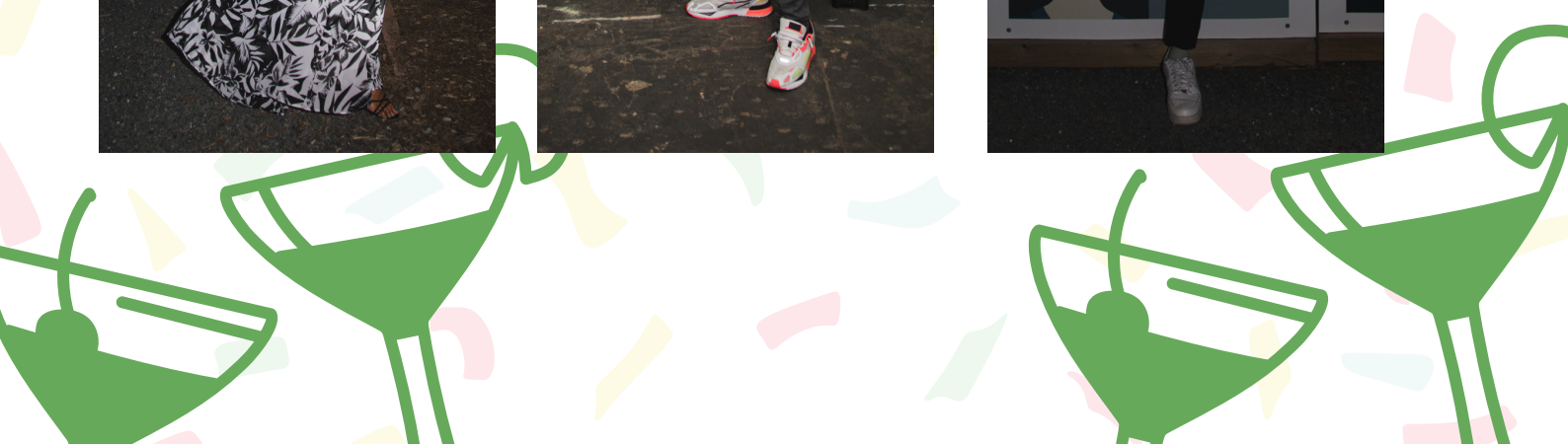




# COCKTAILS & CIGARS FUNDRAISER

*Our team had a great time celebrating summer with each and every one of you. Together we were able to enjoy the beautiful venue, Culture House, and the amazing art displayed. Our night was filled with drinks, food, music, cigars and laughter that was captured throughout the entire space.*

## ✧ OUR SUMMER EVENT ✧



# OUR NIGHTS RECAP

## Supporting Our Mission

All proceeds from this fundraiser will be used to further expand the programs and mission of Hearts of Empowerment.



## Our Supporters

We would like to thank Tito's Vodka & District Hookah for supporting our Cocktails & Cigar Fundraiser



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# HOUSING UP



Hearts of Empowerment serves as a Community Cares Partner and develops monthly projects that address specific needs that improve the lives of Webster Garden families. Take a look at our past 2 projects!



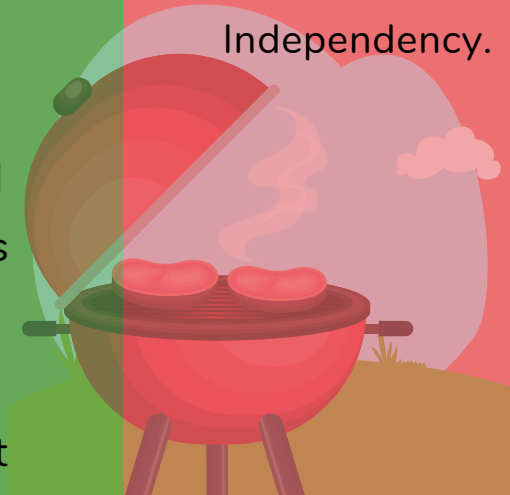
## Summer BlockParty

Our organization hosted a **Summer Block Party** and bonded with the youth and parents of this amazing community. A delicious BBQ dinner was served as residents enjoyed a summer night of activities, food and family portraits.



## Parent Appreciation Night

Multiple families joined our Executive Team and volunteers for a night of fun. Our team was able to spend time with the youth and provide insight on the importance of cooking, as they prepared a meal for their parents. Together we were able to teach them not only how to roll their own pizza dough but the valuable lessons that come with being in the kitchen: Health, Family, Culture, Independency.





# *Gym Donation at Bard High School*



Bard High School Early College DC (Bard DC) recently opened in August 2019 as a partnership between Bard College and the District of Columbia Public Schools (DCPS). Bard DC seeks to demonstrate that an academically rigorous liberal arts and sciences program can intellectually engage a diverse group of high school students and effectively prepare them for success in college, careers, and civic life.



Hearts of Empowerment was made aware that Bard DC was having extreme difficulties financing their athletic program. They are currently under-resourced and have zero gym equipment. All gym activities are currently taking place in the school parking lot. After learning about these difficulties, Hearts of Empowerment used its resources and networks to find a solution. Our organization was able to make a significant donation by providing Bard DC different gym equipment and tools to kickstart their new gym facility. We're so grateful to support the launch of Bard Early Education Highschool's athletic program with this donation!

# YOGA FOR CHARITY

Yoga Instructor, Caren Plummer, hosted a Yoga Fundraiser in order to support the mission of Hearts of Empowerment.

## Meet Yoga Instructor, Caren Plummer!

Based out of Washington D.C. Caren is a huge advocate of using yoga as a platform to support community organizations. She hosts a monthly yoga class that benefits different nonprofit organizations across the DMV area



## \$650 RAISED

With over 20 participants attending, Caren raised funds that will support the current projects of Hearts of Empowerment. She also provided prize giveaways and allowed a representative of the organization to share a message with the audience.

On behalf of Hearts of Empowerment, we'd like to thank Caren for her continued support!





# INNAGURAL TOURNAMENT



HEARTS OF EMPOWERMENT'S  
**FIRST ANNUAL  
GOLF TOURNAMENT**

**We are thrilled to share our Inaugural Hearts of Empowerment Charity Golf Tournament will be taking place Spring 2022!**

**Our Charity Golf Tournament will raise critical funds to support Hearts of Empowerment and our core programs which reach over 1,000 individuals, children and families throughout our region.**

## Event Details

Location: 1757 Golf Club  
45120 Waxpool Road  
Dulles, VA 20166

Tournament Date: Spring 2022

Golfer Registration coming soon!

Sponsorship Registration coming soon!

## General Information

\$500 Per Team of 4 / \$125 Per Person

## Tournament Extras!

Longest Drive Competition

Winning Foursome Prize

Free Food & Open Bar!

